

AURORA

SPA



Aurora at Park Plaza County Hall London



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Facials



HL – professional skincare – advanced facials – natural peels

Our treatments are from the best of science and nature. We use formulas with high levels of active ingredients that combined with the skill of Aurora-Wellbeing skin care cosmetologists give visible results.

These advanced facial peels can be extremely helpful for improving skin tone, texture, hyper-pigmentation. To ensure best and long lasting results the treatment at the clinic/spa should be accompanied by daily use of an advanced sunscreen SPF15 or higher along with a customized skincare routine.

Gently Clean Facial

A deep cleanse facial aimed at all skin types, it is designed to clean, disinfect, and refresh the skin. Antiseptic conditioning is provided in order to deeply cleanse the skin. A special face lotion is applied to open the pores, flush away dirt and bacteria and prepare your skin for a professional deep cleaning. The aesthetics of the skin will be greatly improved with increased elasticity and vitality.

60 minutes

£68.00

Cryotherapy

CryoPen™ is an advanced cryotherapy innovation that is a fast, effective, safe and new solution for removal of skin imperfections. Procedures typically last from 5 to 30 seconds, so you can be in and out of the salon quickly.

The CryoPen™ emits a fine jet of nitrous oxide under high pressure, which allows the clinician to work with millimetre precision. This destroys the tissue by freezing the inter-cellular fluid, forming ice shards and crystals which rupture the membrane, thereby destroying the cell. That means there will be no collateral damage to healthy tissue. It's so incredibly accurate and practical.

Cosmetic procedures such as skin tags, milia and cherry angiomas are no longer being treated by many doctors on the NHS. With the CryoPen™ you can now have these treatments in the beauty salon.

Cryopen offers the ideal treatment for:

- | | |
|---------------|----------------|
| Skin tags | Warts |
| Solar lentigo | Cherry angimo |
| Age spots | Viral verrucae |
| Milia | |

POA

Facials



Renew Rose Radiance Facial

Cleansing toning exfoliation, a rejuvenating facial massage and application of a hydrating mask are topped and tailed with a relaxing scalp massage and pampering hand and arm massage. Our beautifying and luxurious renew rose facial softens and moisturises using natural damask rosewater.

60 minutes **£68.00**

The Pro-Collagen Age Defy

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished younger looking skin.

60 minutes **£95.00**

Elemis Dynamic Resurfacing Precision Peel

Clinically proven* to target the signs of ageing and uneven skin tone this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother younger looking skin.

60 minutes **£85.00**

Elemis Superfood Pro-Radiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed dull skin with energising ,detoxifying actives. Clinically proven* to leave skin plumper ,radiant and lit up with good health.

60 minutes **£85.00**

Elemis Pro-Definition Lift and Contour

Powerful lifting techniques target sagging jowels, cheeks, chin and neck for the ultimate lift effect.

60 minutes **£95.00**

Elemis Express Facial For Her

For a smooth glowing complexion. Perfect for a lunch-time or early evening 'quick fix'. These facials are uniquely designed for maximum results in between your busy lifestyle.

30 minutes **£45.00**

Chocolate Facial

Moisturising, revitalizing and anti stress facial treatment based on natural Cacao combined with oligopeptides and vitamins.

60 minutes **£75.00**

**statistics are based on independent clinical trials*

Spa Wraps and Body Treatments



Purifying Deluxe Mud Wrap

Combining the effects of body brushing, dead sea mud and salts the body is treated to an exfoliation, a mud wrap and an application of mineral cooling gel. A totally purifying experience.

90 minutes **£95.00**

Seaweed Cellulite

An ultimate natural anti-cellulite treatment using seaweed that is proved to be effective at aiding poor circulation, reducing water retention and fatty deposits. Perfect for toning legs upper thighs abdomen and upper arms.

60 minutes **£85.00**

Chocolate Treatment

A guilt free sensation to leave skin hydrated re-mineralised and smelling gorgeous. Mouth watering pampering for the body combining sea salts essential oils and warm 100% cocoa chocolate this body scrub and massage is unforgettable.

60 minutes **£75.00**

Or combine with a

Chocolate Facial 2 hours **£135.00**

Body Massage Treatments



Swedish Massage

A stimulating and relaxing massage that will release muscular tension, detoxify the body and ease the mind.

60 minutes £68.00

30 minutes bespoke £45.00

Relax De-Stress Revive Massage

Ease away the day's stresses and strains and bring the body back into balance. Using massage practises from the East and West. Using only the finest Aromatherapy Associates oils made from 100% organically grown plants.

60 minutes £75.00

90 minutes bespoke £95.00

Elemis Muscle Ease Massage

This deep tissue massage is an effective way to assist with muscle relaxation and ease aching muscles. It is designed to increase flexibility, relieve muscle tightness and improve circulation.

30 minutes £55.00

(specifically targeting the back shoulders and neck areas where you need it most)

60 minutes £85.00

Aurora Chakra Stone Massage

Warmed almond oil followed by hot Basalt stones expertly glide over your skin breaking down tension in your muscles and nourishing your skin. Experience the re-balancing energy of the stones combined with the healing power of crystals to promote a sense of wellbeing from within.

80 minutes £95.00

Revive Jet Lag Treatment

An enlivening and rejuvenating treatment packed with body boosting essential oils. Designed to transport your mind and body back in to the right time zone. A full body treatment with scalp massage.

60 minutes £85.00

Amber Spheres Massage

Bio-energetic massage with Baltic Amber Spheres. When the Amber Spheres slide on the skin, the negative ions stimulate the circulation, removing physical and emotional stress and fatigue, improving circulation and oxygenating the cells. A multi-sensory relaxing treatment with Baltic Amber and precious Argan Oil.

60 minutes £75.00

Pregnancy Treatments



Pregnancy Massage

Aromatherapy Associates Nurturing Experience For The Mother To Be. Safely formulated oils are used to nourish and care for your expanding skin. Using the traditional pressure point massage for the upper back and paying particular attention to tight shoulders this massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a full scalp and facial massage with treatment oil chosen specifically for your skin type completes this top to toe treatment.

60 minutes

£75.00

Pinks Hands and Feet Aurora Delight

Pinks Boutique Eco Chic Organic Pedicure
Pinks Boutique Eco Chic Organic Manicure

110 minutes

£78.00

(this package includes complimentary organic chocolate/cupcake/choice of refreshing teas)

Face and Body Combinations



Elemis Face and Body Sensation

Experience the perfect Elemis treatment duo, a sensational massage combined with a prescribed Anti-Ageing Booster Facial. Choose from the unique Re-Energiser, an 'ice-cool thermal' massage to relieve stress tension and ease aching muscles, or Tranquillity, a 'thermal-soothing' massage to induce a deep level of relaxation and calm your mind.

55 minutes

£75.00

Absolute Spa Ritual

Enjoy the No 1 treatment.

The ultimate introduction to spa-therapies.

This No 1 best selling package combines a full body Deep Tissue or Well-Being Massage with an intensive Anti-Ageing or Skin Solution Facial prescribed to your needs.

2 hours

£155.00

Time For Men



Gents Manicure

Nails are filed and shaped and mineral cuticle cream is used to soften cuticles followed by a relaxing hand and arm massage. Nails are buffed to give a shine and complete the treatment.

30 minutes **£30.00**

Gents Pedicure

A complete foot treatment to include a relaxing foot soak with dead sea salt minerals followed by a purifying foot scrub. Nails are clipped filed and shaped and the treatment is complete with a pampering foot massage.

45 minutes **£40.00**

Organic Medi Pedi Peeling

The ultimate foot treatment to remove hard skin and calluses... no sharp blades! This treatment has been medically approved.

30 minutes **£25.00**
Add on to pedicure **£20.00**

Waxing For Men

eyebrow (shape and wax) **£15.00**
Back **£40.00**
Chest **£40.00**

Foot Massage

Focused on massaging specific points of the feet to assess and work with all the body functions this foot massage using a nourishing cream formulated with a synergic complex of plant extracts from Swiss alpine herbs and plants will release toxins and restore your body's energy flow.

30 minutes **£40.00**

Time For Men



Elemis High Performance Skin Energiser For Men

Anti-ageing booster for tired stressed and dehydrated skin. Helps calm irritation and minimises signs of ageing, this is the ultimate overhaul for male skin. Incorporating the Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti ageing treatment protects against the harsh effects of shaving and environmental damage.

60 minutes **£85.00**

Elemis Express Facial For Men

Revive and refresh. Only for Men Express Facial.

30 minutes **£45.00**

Gently Clean Facial

A deep cleanse facial aimed at all skin types, it is designed to clean, disinfect, and refresh the skin. Antiseptic conditioning is provided in order to deeply cleanse the skin. A special face lotion is applied to open the pores, flush away dirt and bacteria and prepare your skin for a professional deep cleaning. The aesthetics of the skin will be greatly improved with increased elasticity and vitality.

60 minutes **£68.00**

Elemis Muscle Ease Massage

This deep tissue massage is an effective way to assist with muscle relaxation and ease aching muscles. It is designed to increase flexibility, relieve muscle tightness and improve circulation.

30 minutes **£55.00**
(specifically targeting the back shoulders and neck areas where you need it most)

60 minutes **£85.00**

Destress Back Treatment For Men

Great for muscular aches, pains, stress and tension. Exfoliation with sea salts followed by a 30 minute destress muscle back neck and shoulder massage using hot oils.

45 minutes **£65.00**

Total Time Out For Men

Complete skin, body and lifestyle solutions. Enjoy the best of both worlds by combining a Time For Men Facial with a Deep tissue or Well-being Massage to improve total body performance whilst deeply relaxing and recharging the body.

2 hours **£155.00**

**statistics are based on independent clinical trials*

Waxing For Her



Pinks Boutique Organic waxing uses only Soil Association certified pre and post wax products and whilst the basic techniques remain the same we have added some of the special touches we are famous for - our after wax calming lotion is free from all of the paraben preservatives and toxins which standard lotions contain, thus preventing any unwanted chemicals from entering the body leaving smooth calmed chemical free skin

Full Leg	£40.00
Half Leg	£25.00
Bikini	£20.00
Brazilian	£35.00
Hollywood	£45.00
Underarm	£18.00
Forearm	£20.00
Eyebrow	£15.00
Chin/Upper Lip	£12.00

Tinting*

Eyelash Tint	£18.00
Brow Tint	£16.00
Brow and Lash Tint	£30.00

**Patch Test required 24 hours in advance*

Hand and Feet Treatments



Pink's Boutique Eco Chic Organic Manicure

Your nails are shaped and soaked, all cuticle work carried out and your nails buffed and oiled with organic rosa mosquitta oil. This is followed with a hand and lower arm massage.

Option to finish with varnish colour/French paint.
(Please note varnish is not organic)

50 minutes **£40.00**

Pink's Boutique Eco Chic Organic Pedicure

Your feet are soaked, nails shaped, all cuticle work carried out and your nails buffed and oiled with rose mosquitta oil. 100% natural sea salt scrub is used to exfoliate. Dry skin removal is carried out with a lava pumice, this is followed with a foot and lower leg massage.

Option to finish with varnish colour/French paint.
(Please note varnish is not organic)

50 minutes **£45.00**

Organic Medi Pedi Peeling

The ultimate foot treatment to remove hard skin and calluses... no sharp blades! This treatment has been medically approved.

30 minutes **£25.00**
Add on to pedicure **£20.00**

Shellac CND Long Last Manicure

A shellac treatment which goes on like polish, wears like gel and can be taken off in minutes to create a flawless manicure for up to 14 days. Shellac removal is also available.

50 minutes **£40.00**
Shellac CND Removal **£12.00**

Shellac CND Long Last Pedicure

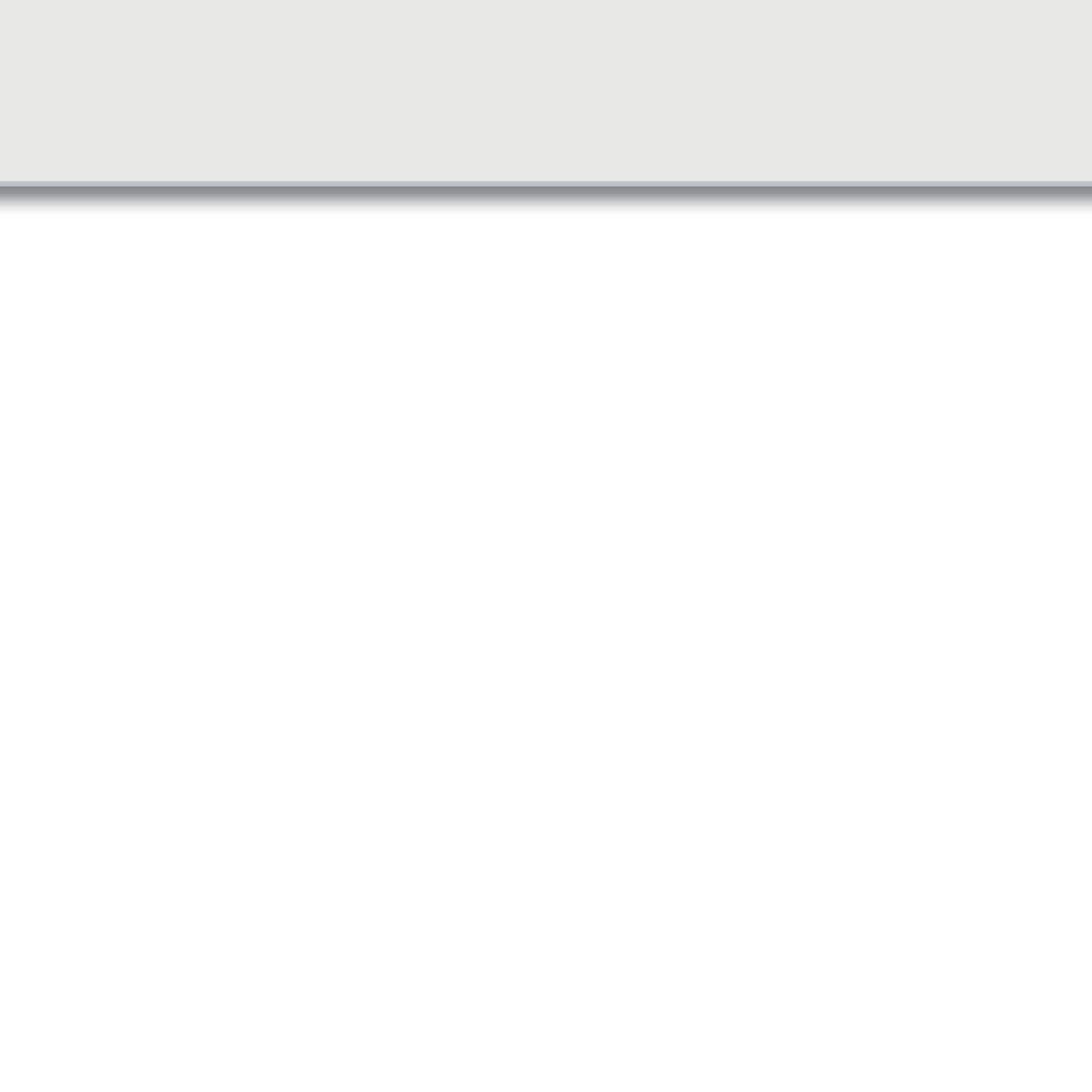
The long lasting, chip resistant pedicure that retains its high gloss shine. Your shellac pedicure includes foot soak, salt exfoliation for your feet and lower legs nails shaped and cuticle work foot massage and shellac colour of your choice.

50 minutes **£45.00**

Reflexology

Reflexology is one of the most ancient and popular complimentary treatments. Focused on massaging specific points of the feet to assess and work with all the body functions. Reflexology is a wonderful therapy for relaxation and alleviating many other conditions such as migraines, back pain, IBS and more.

50 minutes **£65.00**



To make a booking

+44 (0) 7545 234220

email: enquiries@aurora-wellbeing.com

www.aurora-wellbeing.com

ADVANCE BOOKING IS ADVISABLE. PLEASE ENSURE THAT YOU ARRIVE 10 MINUTES PRIOR TO APPOINTMENT FOR A BRIEF CONSULTATION. RETAIL PRODUCTS AND GIFT VOUCHERS ARE AVAILABLE FOR PURCHASE.

Payment policy

ALL BOOKINGS MUST BE CONFIRMED WITH A CREDIT/DEBIT CARD, OR IF YOU ARE A GUEST IN THE HOTEL A CHARGE WILL BE MADE TO YOUR ROOM. PLEASE NOTE THAT LATE ARRIVALS WILL NOT BE ABLE RECEIVE AN EXTENSION TIME.

Cancellation policy

PLEASE PROVIDE 24 HOURS NOTICE FOR CANCELLATIONS OR THE FULL COST OF THE TREATMENT WILL BE CHARGED. WE RESERVE THE RIGHT TO ADD AN ADDITIONAL SERVICE CHARGE OF £20 ON IN SPA ROOM BOOKINGS.

THE MINIMUM AGE REQUIRED FOR FACE OR BODY TREATMENT IS 16. WE REGRET THAT WE CANNOT BE RESPONSIBLE FOR ANY LOSS OF OR DAMAGE TO PERSONAL ITEMS.

AURORA

Available exclusively at



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